



Spay/Neuter Discharge Instructions

We appreciate your commitment to your pet's health. The surgery your pet received today will prevent future complications, such as pyometra infections or ovarian cancer in females & prostate cancer in males. Spaying/Neutering also saves lives by reducing the number of unwanted cats and dogs that are euthanized every year due to overpopulation. Thank you for doing your part.

- **Anesthesia**
 - It is normal for your pet to be tired the day of surgery
 - Allow patient to recover in a quiet room at home away from other pets
 - Continue monitoring for at least 12 hrs after pick up
- **Recheck**
 - The incision is to be checked in 10-14 days from surgery
 - Recheck can be done in person or through pictures sent by email at doctors approval
 - Removal of sutures is not necessary (absorbable), unless instructed otherwise
- **Medication**
 - Pain and antibiotic injections are given to each pet on the day of surgery
 - If at home medication has been prescribed, assure to start the morning after pick up, unless directed differently by veterinarian
 - Read and follow medication label directions carefully
 - Sedatives may be prescribed for pets with very high energy at veterinarians approval
- **Activity**
 - No running, jumping, or excessive playing for 14 days
 - Normal activity may commence after the 14 days if there are no complications during the recovery period
- **Food/ Water**
 - No water restrictions
 - Your pet may not want to eat the day of surgery
 - Offer only a small amount the first night home (~ 1/3 of usual meal)
 - If your pet vomits after eating, withhold food until morning
 - Regular feeding may be resumed the morning after surgery
- **Bathing**
 - No bathing for 14 days after surgery
- **Monitoring**
 - Check incision daily for excessive redness/swelling/discharge
 - If any of these are noted contact us as soon as possible
- **E-Collar**
 - Assure pet is unable to reach incision therefore preventing any licking/chewing of surgery site
 - Pet licking or chewing incision could lead to resuturing the site at the owner's expense

For any abnormal signs (such as swelling, irregular breathing, excessive lethargy, continuous vomiting or diarrhea)
Contact us immediately: **(703) 691-2873**

If after hours, contact one of the following animal hospitals (Open 24hrs):

VCA SouthPaws
8500 Arlington Blvd, Fairfax, VA 22031
(703) 752-9100

Hope Advanced Veterinary Center
140 Park St, Vienna, VA 22180
(703) 281-5121